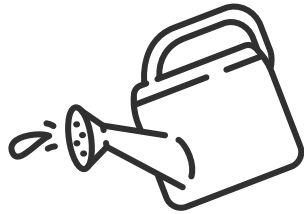


# Gardening Workout

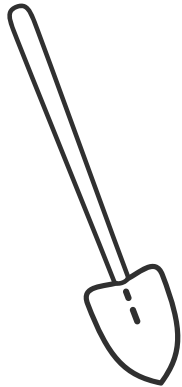


## Watering Plants

Body Parts using:

Hands

Arms



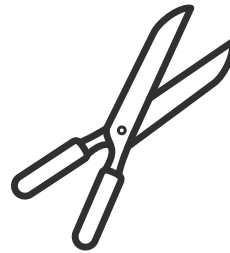
## Shoveling

Body Parts using:

---

---

---



## Trimming Plants

Body Parts using:

---

---

---



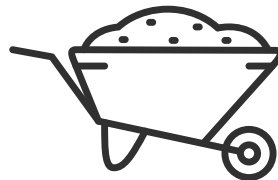
## Raking Leaves

Body Parts using:

---

---

---



## Pushing a Wheelbarrow

Body Parts using:

---

---

---