



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources



FFY2022 UCCE San Joaquin County

SUCCESSSES

- 🌱 "By reading the labels, it will help me choose the right nutrition for myself and family. I really enjoyed this class, thank you." - Parent
- 🌱 "Planning is key! This made me think more about how important it is to plan before going shopping! Moving forward I will be planning a shopping list and checking all ads before shopping!" - Parent
- 🌱 "I will be more careful when choosing drinks when shopping." - Parent



RESULTS

Youth

- 🌱 Of 15 preschool teachers surveyed 93% Agreed or Strongly Agreed that their students now can identify healthy food choices.

Adult

- 🌱 Of 221 adult participants surveyed, 43% reported greater food security, and 79% increased their frequency of using the Nutrition Facts Label when shopping.

Organizational

- 🌱 30 sites made PSE changes reaching a total of 2,038 participants. Of the 30 sites, 25 reported implementing sustainability mechanisms to support the changes.

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

County Statement:

San Joaquin County is home to an ethnically diverse population of 742,603 residents. Many of the county's children live in households where families struggle with poverty, food insecurity, and unemployment. According to the 2022 San Joaquin County Community Health Needs Assessment, 12.4% of the population faced food insecurity in the year of reporting, while thirty-four percent (34%) of the adults (age 18 and older) and forty-three percent (43%) of youth (age 10-17) are overweight or obese. Physical inactivity and unhealthy eating contribute to high rates of obesity and chronic disease such as diabetes and heart disease.

Serving Individuals and Communities

- 2,056 youth and 652 adults were reached with direct nutrition and physical activity education.
- 290 participants were reached through indirect education delivered at health fairs and other community events.
- 2,038 participants were reached with policy, system and environmental change (PSE) activities.
- The CalFresh Healthy Living, UCCE San Joaquin Program partnered with a total of 71 different organizations and agencies. These included schools and preschool sites, non-profit organizations, government programs/agencies, and shelters.

Providing Education

- The CFHL, UCCE program in San Joaquin County provides low-income participants nutrition and physical activity education through series-based and workshop classes. Most classes offered in FFY 2022 continued to be done through distance learning. For greater reach, the CFHL, UCCE San Joaquin County team uses an extender model and trains community educators and teachers on CFHL, UC approved curricula.

Helping to Make Organizational and Environmental Changes

- In support of nutrition education efforts, the CFHL, UCCE San Joaquin County team uses PSE strategies such as school and community gardens, structured physical activity, and assistance with wellness policies.

Serving California Agriculture

- CFHL, UCCE San Joaquin is an active partner in the AgVenture Program. This program brings nutrition and agricultural education to almost every 3rd grader in the county. This year, AgVenture was done in a hybrid model. Classes watched educational videos and then attended an in-person field trip. The CFHL, UCCE team provided a recorded video on nutrition, physical activity and agriculture in San Joaquin County.

Building Partnerships

- CFHL, UCCE San Joaquin successes could not have been accomplished without the support of our partners. Key partners include First 5, El Concilio, Family Resource and Referral, San Joaquin County Office of Education, Lincoln USD, Migrant Education, Stockton USD ECE, and CAPK Early Head Start.

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