



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources



FFY2022 UCCE Los Angeles

SUCSESSES

- Launched the CFHL, UC Program in Los Angeles County and hired a Program Supervisor.
- Coordinated with other CFHL LIAs, schools and community organizations to guide program development.
- Partnered with the Los Angeles Unified School District Wellness Programs Department on a district-wide Wellness Newsletter.



RESULTS

Organizational

- Partnership with Los Angeles Unified School District (LAUSD), the largest school district in California.
- Collaborated with LAUSD, Kaiser Permanente – Southern California and Alliance for a Healthier Generation to develop and disseminate the *Blueprint for Wellness Newsletter* which reached 48,000 families and opened discussions on future programming.

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

County Statement:

CalFresh Healthy Living, UCCE of Los Angeles (CFHL, UCCE) aims to reach children, families and individuals eligible for SNAP-Ed through evidence-based nutrition, physical activity and garden-enhanced nutrition education along with Policy, Systems and Environmental approaches.

Building Partnerships

- Coordinated with other CFHL Local Implementing Agencies and community organizations to identify gaps where programming would benefit CFHL eligible individuals, families and communities.
- Partnered with Los Angeles Unified School District Wellness Programs Department, Kaiser Permanente and Alliance for a Healthier Generation to develop a newsletter that provided information about healthy eating and active living, as well as community resources available to families throughout the district.

Serving Individuals and Communities

- Coordinated with 200 Los Angeles Unified School District schools to disseminate the *Blueprint for Wellness News* monthly newsletter.
- Reached approximately 400 students per school and their families during FY22.

Providing Education

- Identified nutrition, physical activity and garden-enhanced education curriculum for use with in-school and after-school programming for youth and their families. Curriculum includes lessons that will expose students to new fruits and vegetables, encourage water consumption and promote daily quality physical activity.
- Developed newsletter content on healthy eating and active living that aligned with nutrition and physical activity messaging.

For more information on CFHL, UCCE LA County programming, contact Ben Melendrez, Program Supervisor, at bmelendrez@ucanr.edu.

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