



UNIVERSITY OF CALIFORNIA  
Agriculture and Natural Resources

## FFY2022 UCCE Sacramento



### SUCCESSES

- Program was launched, and Supervisor was hired.
- 10 Early childhood teacher extenders at 5 preschool sites, used the Coordinated Approach to Child Health (CATCH) ECE activity box to conduct 5 physical activity sessions.
- Provided technical assistance and training to 10 UC Davis School Of Nursing students during their clinical rotations reaching 191 youth.



### RESULTS

#### Youth

- 5 local school sites began implementing CATCH physical activity curriculum.

#### Organizational

- New connections were formed with the Sacramento Employment and Training Agency (SETA) by providing training and technical assistance to ECE leadership, staff, and partners to deliver CATCH activities at sites.

### IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

#### **County Statement:**

*CalFresh Healthy Living, UCCE Sacramento (CFHL, UCCE) aims to reach those children whose families are eligible for CalFresh through effective, evidenced-based nutrition education and physical activity programs. Policy, Systems and Environmental (PSE) change strategies to create long lasting community change are being operationalized.*

#### **Serving Individuals and Communities**

- 191 students under the age of 5 were reached during FY2022.

#### **Providing Education**

- UC Davis Nursing students were trained as Early Childhood Education (ECE) extenders who received technical assistance on utilizing CFHL, UCCE classroom curricula and CATCH physical activity resources. 191 students under the age of 5 received direct education in FFY2022.

#### **Helping to Make Organizational and Environmental Changes**

- Planned joint 4-H and CalFresh Healthy Living, UCCE programming through after-school Cooking Academy, integrating new youth engagement and development strategies.

#### **Serving California Agriculture**

- Identified nutrition education curriculum includes lessons that; expose students to new fruits and vegetables, encourage consumption of water in place of sugar-sweetened beverages, and promote daily quality physical activity.

#### **Building Partnerships**

- CFHL, UCCE Sacramento has identified potential collaborations with the Sacramento Employment and Training Agency (SETA) Health Services Advisory Committee (HSAC). The Health Services Advisory Committee includes parents and professionals representing a range of health fields that include general health, disability services, mental health and nutrition.

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