

CalFresh Healthy Living, UC | ECE Happy Healthy Me Tracking Form

FFY _____

County _____

Site Name: _____ Extender preferred Name: _____ Date: _____

Do not include prep time, set up or clean up, or UCCE Educator time.

HAPPY HEALTHY ME TIME REPORTING

LESSON COMPONENTS | Lesson _____

CHECK IF COMPLETED	NUMBER OF TIMES ACTIVITY COMPLETED	UC STAFF USE
<input type="checkbox"/> ACTIVITY 1: _____	_____	(15 MINUTES) X _____ = _____
<input type="checkbox"/> ACTIVITY 2: _____	_____	(15 MINUTES) X _____ = _____
<input type="checkbox"/> ACTIVITY 3: _____	_____	(15 MINUTES) X _____ = _____
<input type="checkbox"/> PHYSICAL ACTIVITY: _____	_____	(15 MINUTES) X _____ = _____
<input type="checkbox"/> RECIPE: _____	_____	(15 MINUTES) X _____ = _____
<input type="checkbox"/> REVIEW	_____	(5 MINUTES) X _____ = _____

ADDITIONAL TIME ADDRESSING CURRICULUM OBJECTIVES

(Ex: DISCUSSING FOOD GROUPS, HOW FOODS HELP THE BODY, PHYSICAL ACTIVITY BREAK, Gardening)

YES NO TOTAL ADDITIONAL TIME FOR LESSON 9 (MINUTES) = _____

TOTAL TIME (SUM ALL ABOVE LINES)
_____ MINUTES

LESSON SUPPORT MATERIALS USED

- POEMS, SONGS, AND FINGER PLAYS YES NO
- CREATING HEALTHY CLASSROOM ENVIRONMENTS YES NO
- HOME ACTIVITIES YES NO

COMMENTS (OPTIONAL):



This material was funded by USDA's Supplemental Nutrition Program - SNAP, known in California as CalFresh. These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.