

UC CalFresh Weekly Update April 2, 2018

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- * Financial Analyst 2, UC CalFresh State Office
- * Community Education Supervisor 2, UCCE Fresno/Madera Counties
- * Cooperative Extension Nutrition, Family and Consumer Sciences Advisor, UCCE Fresno & Madera Counties

Upcoming Events & Deadlines

APRIL 2018

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Connect with EatFresh.org!

The creators of www.eatfresh.org would love to talk with partners who are actively working with youth. Eatfresh.org was built with a adult audience in mind, but they are currently exploring ways to make this a useful online nutrition resource for youth. Please email monica@leahspantrysf.org if you are interested in sharing your 2 cents. You will be invited to schedule a one-on-one conversation at your convenience. If you wish, you can also learn more about Leah's Pantry's free trainings and tools for engaging clients in healthy eating. Participating partners will receive a thank you gift including cookbooks, EatFresh.org materials and other Leah's Pantry goodies.

4/4/18 Registration Opens for Rethink Your Drink Day

Rethink Your Drink (RYD) Day (May 16th) is a collaborative effort across the state of SNAP-Ed agencies and community based organizations. This opportunity, on May 16th, is for SNAP-Ed agencies to draw in non-traditional partners (CBO) and generate greater awareness in the community about the health effects of sugary drinks and the benefits of replacing these drinks with water. Register for RYD Day on (or after) April 4 at RethinkYourDrinkDay.com. Check out the "Education & Resources" section of the Weekly Update for additional information about Rethink Your Drink Day and Event-in-a-Box!

4/9-4/11/18 UC ANR Statewide Conference, Ontario, CA

We are excited to see many of you at the upcoming UC ANR Statewide Conference in Ontario, CA! Please visit the conference [website](#) for additional details and information.

Canceled: 4/17/18 UC CalFresh Town Hall Webinar

Please note that the Town Hall Meeting originally scheduled for April 17, 2018 has been canceled. This update has been noted on the [FFY 2018 Town Hall Webinars Schedule](#) and the [UC CalFresh Trainings and Meetings Calendar](#). The next Town Hall webinar will be on May 15, 2018.

UC CalFresh Success Stories

Success stories from your FFY 2018 UC CalFresh participants can be shared through the online data entry portal: <https://ucanr.edu/survey/survey.cfm?surveynumber=22089>.

“This class makes me more aware of healthy eating and enforces me to keep maintaining better food selections. Thank you for devoting the time in educating and implementing your knowledge to all of us.”
—Plan, Shop, Save, and Cook Participant,
Santa Clara County

“It is so helpful for my children to see other adults and peer families showing concern and effort toward fitness and nutrition. She is always more willing to participate at home after having events such as these at school. Thank you!”
—Eat & Play Together Participant,
Shasta County

UC CalFresh Website Updates

* UC CalFresh Trainings

3/20/2018 UC CalFresh Town Hall Webinar Recording, PowerPoint Slides & Resources Now Available

The webinar recording, PowerPoint presentation, and resources from the 3/20/2018 UC CalFresh Town Hall Webinar, “PEARS Indirect Activity Module Overview,” presented by the UC CalFresh State Office staff, are now available on the UC CalFresh website. Please visit: <http://www.uccalfresh.org/trainings/town-halls> to access these resources.

* Nutrition Update Webinar Recording and PowerPoint Slides Now Available

The recording and PowerPoint slides from the March 6, 2018 Nutrition Update webinar presented by Sheri Zidenberg-Cherr, PhD, and Rachel E Scherr, PhD, have been uploaded and are now available on the UC CalFresh website. Please visit: <http://www.uccalfresh.org/trainings/trainings> to access the webinar recording and slides.

* UC CalFresh Program Directives

UC CalFresh Program Directive 2018-05: Display of And Justice for All Poster

The State Office has issued [UC CalFresh Program Directive 2018-05](#) to provide guidance on the display of the “And Justice for All” Poster as part of complying with SNAP-Ed civil rights and public notification requirements. Per [USDA SNAP-Ed Guidance](#), the “And Justice for All” (the blue version AD-475-B) poster is to be posted where it can be viewed by customers whenever and wherever SNAP-Ed services/education/interventions are provided. For additional information, or to download a copy of the Program Directive, please visit: <http://www.uccalfresh.org/administrative/program-administration/uc-calfresh-program-administration/policies-and-procedures>.

* UC CalFresh Youth Engagement Initiative Resources

Moving from Serving Youth to Engaging Youth—A Report on UC CalFresh Youth Engagement

This [report](#) examines 3 case studies from UC CalFresh SNAP-Ed nutrition education county programs who facilitated a youth-led participatory action research (YPAR) project as part of UC CalFresh’s Youth Engagement Initiative during federal fiscal year 2017. We thank the UC CalFresh programs in El Dorado, Imperial, and San Mateo Counties for highlighting their initial YPAR efforts. The report is designed to highlight the YPAR process and inspire other SNAP-Ed programs to adopt similar approaches for authentically engaging young people in policy, systems, and environmental (PSE) change strategies focused on nutrition, wellness, food access and physical activity. Launched in federal fiscal year 2016, the UC CalFresh Youth Engagement Initiative is exploring innovative strategies to shift from a focus on serving youth to engaging youth in nutrition and physical activity. Projects within this initiative seek to empower young people from vulnerable communities to lead efforts to improve the environments where they live, play, eat, shop, and learn. Key partners for this effort include the UC Davis Center for Regional Change, Public Health Institute Center for Wellness and Nutrition, and the UC Division of Agriculture and Natural Resources. For additional resources, and to view the report, please visit: <http://www.uccalfresh.org/resources/youth-engagement>.

Upcoming UC CalFresh Trainings

UC CalFresh PEARS Office Hours, Various Dates

Please join UC CalFresh for monthly PEARS Office Hours if you have any pressing questions related to reporting your program activities, FBC/PSSC surveys, and PSE efforts in PEARS. We look forward to hearing about the great work you are doing and working together to clarify the best reporting approaches using PEARS.

<u>Tuesday, March 6, 2018</u> Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: https://cc.readytalk.com/r/x9kkb4uk6jer&eom	<u>Tuesday, April 3, 2018—Surveys & PSE Focus</u> Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: https://cc.readytalk.com/r/ga3n877vapcn&eom
<u>Tuesday, May 1, 2018</u> Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: https://cc.readytalk.com/r/miorx00fmuli&eom	<u>Tuesday, June 5, 2018</u> Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: https://cc.readytalk.com/r/gceocy6o7xo7&eom

You may also visit the [UC CalFresh Training Calendar](#) for additional information.

The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: mamills@ucdavis.edu.



The Smarter Lunchrooms Movement of California *Monthly Nudge*

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)

School Food: Too Good to Waste Webinar Resources

Thank you for attending the SLM of CA Webinar—School Food: Too Good to Waste. The [webinar recording](#) and [PowerPoint slides](#) are now posted to the TAP Resource Page for your review. Please feel free to share these links with those who were unable to attend. In addition, below are links to some of the resources discussed on the webinar:

- * **Share Table Resources:**
 - * [Stopwaste.org](#)— Food Share Table Guide: A step-by-step guide to implementing share tables, including guidance on proper food safety.
 - * [The Use of Share Tables](#): California Department of Nutrition Services Division Management Bulletin
- * **School Food Donation Resource:**
 - * [School Food Donation Guide](#): Oakland Unified School District guide to creating a school food donation program.
- * **Food Rescue Organizations in California:**
 - * [CA Food Banks and Food Recovery Organizations](#): CalRecycle list of food banks and food rescue organizations in California organized by county.
 - * [Food Rescue Locator](#): A directory of organizations across the United States that rescue, glean, transport, prepare, and distribute food to the needy in their communities.
- * **Policy Resources:**
 - * [Los Angeles Unified School District Food Donation Policy](#)
 - * [School Wellness Policy Language for the Smarter Lunchrooms Movement](#)
- * **SLM Resources:**
 - * [Smarter Lunchrooms Movement of CA Webpage](#)
 - * [SLM of CA The Price is Right](#): List of low and no-cost items to implement SLM.

If you have additional questions, please feel free to contact us:

- * MaryAnn Mills, UC CalFresh Nutrition Education Program— mamills@ucdavis.edu
 - * Christopher Wong, Food Finders— cwong@foodfinders.org
 - * Candice Sainz, Dairy Council of California— csainz@dairycouncilofca.org
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UC CalFresh in Action!

San Mateo's Teen Healthy Living Ambassadors Orientation, UCCE Santa Clara/San Mateo/San Francisco Cluster

The following summary was originally shared in the [March edition](#) of the Public Health Institute Center for Wellness and Nutrition's "Wellness Matters" newsletter.

CWN's Youth Engagements Project Coordinator, [Metria Munyan](#), had the exciting opportunity to attend and support the San Mateo County Healthy Living Ambassadors (HLA) Teen Orientation at [Elkus Ranch](#) in Half Moon Bay, California. The HLA program is a collaboration of the [University of California \(UC\)](#), [CalFresh](#) and [California 4-H programs](#) to train teens in food cultivation, horticulture, nutrition, fitness, community leadership, child development, and gardening using a teens-as-teachers model. HLA staff and returning Youth Ambassadors guided and mentored incoming teens at this Saturday orientation. These teen Ambassadors will engage 2nd and 3rd graders in nutrition and garden education and healthy living skills at six elementary schools across San Mateo County. CWN is supporting UC CalFresh programs statewide as part of a bigger movement to increase youth engagement efforts and intentionally introduce young people to leadership opportunities in nutrition and physical activity so they can create healthy changes within their own schools and communities. For more information about how you can engage young people in your nutrition and physical activity initiatives, please contact Metria.Munyan@wellness.phi.org.

Nutrition and Food Questions Web Page

Do your participants ask questions about nutrition or needs that you find difficult to respond to? Check the [Nutrition and Food Questions](#) web page for a response. If your question is not answered there you can submit a new question. You can find the link on the UC CalFresh website under [Resources > Resources for Educators](#). Please contact [Lyn Brock](mailto:rlbrock@ucanr.edu) (rlbrock@ucanr.edu) if you have any questions.

Articles & Research

Yolo County CalFresh users to receive discount on food

Yolo County families using the CalFresh program are being "incentivized" to eat more fruits and vegetables, according to a press release from the Office of the County Administrator. CalFresh customers will receive a 50 percent discount on fresh, frozen, dried, and canned fruit and vegetable items that have no added sugar or salt at local stores such as Food4Less, La Superior and Nugget Market starting Monday [April 2nd], according to the statement. Participating retailers will be reimbursed for the discount with money from a \$500,000 Food Insecurity Nutrition Incentive grant that Yolo County was awarded from the United States Department of Agriculture, the statement read. Yolo County was one of 32 agencies nationwide who were awarded this grant. Partner retailers will apply the discount at the point of sale when the customer purchases the items with their California Electronic Benefit Transfer card (more commonly known as an EBT card). Retailers will receive reimbursement from the county for the discounted portion of these transactions on a monthly basis. Households who are currently using the CalFresh program will receive a Yolo Bonus Bucks discount card with instructions and addresses of the participating retailers, according to the statement. "We are very appreciative of our retail partners," Yolo County Health and Human Services Agency Branch Director Nolan Sullivan stated. "This extra commitment from them will help thousands of Yolo County CalFresh families eat healthier by providing them with discounted fruits and vegetables." The Yolo County Health and Human Services Agency stated that the long-term goal of the Yolo Bonus Bucks Program is to demonstrate positive outcomes and healthier eating habits when it comes to fruit and vegetables among CalFresh consumers. The Yolo County Bonus Bucks program will end when grant funding runs out. [Read full article.](#)

Obesity Rising Faster Among Adults Than Kids

Over the past decade, obesity rates have continued to rise among U.S. adults, researchers said. Since 2007-2008, the prevalence of obesity significantly rose overall among adults, from 33.7% (95% CI 31.5%-36.1%) to 39.6% (95% CI 36.1%-43.1%) in 2015-2016 ($P=0.001$), reported Craig Hales, MD, of the National Center for Health Statistics of the Centers for Disease Control and Prevention in Hyattsville, MD, and colleagues. Drawing upon data from the National Health and Nutrition Examination Survey, the study, published as a research letter in the [Journal of the American Medical Association](#), found that the prevalence of obesity—defined as a body mass index (BMI) ≥ 30 —between these years significantly rose across all age ranges and sexes ($P \leq 0.05$ for all). Alarming, severe obesity among U.S. adults—defined as a BMI ≥ 40 —also significantly increased overall in adults from around 5.7% (95% CI 4.9%-6.7%) to 7.7% (95% CI 6.6%-8.9%) between 2007-2008 to 2015-2016 ($P=0.001$). All sexes and age groups individually had these increases, as well, except for those age 60 and older ($P \leq 0.05$ for all). Rising obesity trends among U.S. youth were not quite as steep as compared with adults, although no groups had any major increases in obesity or severe obesity prevalence within this time period. For youth, obesity was defined as a BMI ≥ 95 th percentile, while severe obesity was considered a BMI ≥ 120 % of the 95th percentile. [Read full article.](#)

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Articles & Research *(continued)*

NCCOR's 2017 Annual Report: Moving Forward on Physical Activity

NCCOR'S [2017 Annual Report](#) showcases the Collaborative's focus on physical activity throughout the year. NCCOR continues to advance physical activity research and practice by launching new tools and products, connecting and sharing information with the field, and looking ahead for emerging opportunities. As a central resource for researchers, NCCOR develops and updates data collections, user guides, and other tools. In 2017, NCCOR released several new tools with a special emphasis on physical activity:

- * [Individual Physical Activity Measures Registry User Guide](#)
- * [Physical Activity Environment Measures Registry User Guide](#)
- * [Youth Compendium of Physical Activities](#)
- * *Health, Behavioral Design, and the Built Environment* [white paper](#)

To read the full Annual Report, please visit: https://www.nccor.org/wp-content/uploads/2018/03/NCCOR_2017AnnualReport.pdf.

Reports Show Parents, Children Can Inspire Each Other to Exercise

The Sports & Fitness Industry Association's annual [Topline Participation Report](#) was released March 26, and the good or bad news is that the percentage of Americans six and over who are physically inactive is about 27.6 percent, which plus or minus a few percentage points is where that number has been every year since 2012. You're more likely to be active if you're young (only 17.6 percent of those 18 and younger are inactive, compared with 33.3 percent of people older than 55). You're also more likely to be active if you're wealthy (an 18 percent inactivity rate for those in families making more than \$100,000 per year) than if you're poor (42.2 percent of those making \$25,000 or less report being inactive.) But the most interesting thing about this report, if you're a parent who wants your child to be active, is that what might inspire you to get off the couch is the same for your kid—having an exercise buddy. This is where you as parent can work out two birds with one stone. If you want a buddy to help you along, and your child would be inspired by the same, why not find a way to work out together? Playing catch counts. So does taking a walk. It could be anything. Time can be at a premium—and 19 percent of those inactive said fewer family commitments would help them become more active exercisers. But the beauty of participating in activities together is that you set a good example for your child, everybody gets a little workout, and you actually get some uninterrupted family time. [Read full article.](#)

Education & Resources

Training Opportunities for SNAP-Ed Local Implementing Agencies

On behalf of the California Department of Social Services, the California Department of Public Health Nutrition Education and Obesity Prevention Branch, UC CalFresh, California Department of Aging, and Catholic Charities of California, we are pleased to announce upcoming SNAP-Ed trainings available to appropriate staff from SNAP-Ed state and local implementing agencies in California. Please visit the [Training and Events Calendar](#) for additional information and opportunities.

Healthy Choices in Motion Online Training Module Now Available!

Learn how you can use the physical activity curriculum *Healthy Choices in Motion* with students in 4th through 6th grade! This curriculum, which can be used stand-alone or as part of the Shaping Healthy Choices Program, teaches students about key concepts of physical activity and how physical activity is important for overall health. The online training module, provided through the platform Open-Learning, includes a brief orientation to inquiry learning and an overview of each of the five modules, with videos demonstrating the physical activities involved. To access this training, please visit: <https://www.openlearning.com/courses/healthy-choices-in-motion>. For more information, please email [Melanie Gerdes \(magerdes@ucdavis.edu\)](mailto:magerdes@ucdavis.edu) or [Anna Jones \(anajones@ucdavis.edu\)](mailto:anajones@ucdavis.edu).

New and Updated Nutrition Information Resources

The Department of Nutrition at UC Davis has a variety of nutrition information resources that you may be interested in. These include curricula, the quarterly newsletter *Nutrition Perspectives* as well as evidence-based nutrition info sheets on a variety of topics ranging from Gluten to the Dietary Guidelines to Phytochemicals. These resources can be found via the UC Davis Department of Nutrition website at: <http://nutrition.ucdavis.edu/info/index.html>. For more information, please email [Anna Jones \(anajones@ucdavis.edu\)](mailto:anajones@ucdavis.edu).

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Education & Resources *(continued)*

The CATCH Promise Initiative

Great news! We are highlighting a great opportunity for UC CalFresh eligible schools to further partner with the CATCH Global Foundation (CGF). CGF has also identified 90 priority districts ([see one-pager](#)) for proactive outreach. The selection is based on district size (>20,000 students) and free-and-reduced lunch rate (>75%); two factors that are strong indicators of public health need and resource availability. Districts not on the list, however, may still qualify.

Based on the success stories shared by our counties, many school sites seem to have the readiness to make a more cohesive health culture for the students, parents, and staff. Imagine a school having programming that includes nutrition education, SLM, CATCH PE, after school programming, and gardening. The CATCH Coordination Kit provides a team of 5-6 school wellness leaders with simple guidance on creating a culture of health by weaving all these programming elements together.

Please take a look at the [flyer](#) (linked above) and let **Michele Byrnes** (mnbyrnes@ucdavis.edu) know if you think that you might have a school or school district that is ready to bring all the health components together using a simple framework to guide the way. The CATCH Promise Initiative is a great opportunity to help our schools reach their greatest potential in creating a healthy environment where students and their families thrive.



Butte County Cluster combining nutrition education, PA, common core standards all using playground stencil hardscapes

Walking across America

The following call for photos was originally included in the March Newsletter from America Walks.

What does **walking/rolling** in your county look like? UC CalFresh has done some fantastic work helping communities have easier safe access to walking/rolling. America Walks would like to see images of walking/rolling in your community. Submit photos capturing special events, everyday walking, and anything that reflects what walking means to your town for possible inclusion in a future America Walks newsletter or other publication. You will receive credit and you will help make the case for making America a better place to walk. We would love you to share some of your successes nationally with America Walks. All you need is a good photo with a short description of the photo. Please email your photo(s) and description(s) to **Michele Byrnes** (mnbyrnes@ucdavis.edu) who will forward the information on behalf of UC CalFresh to Heidi Simon with America Walks.

Register Now! Three Steps to Wellness Policy Implementation Success Workshop, Various Dates

Implementation of Local School Wellness Policies (LSWP) is most effective when aligned with district priorities and broader community needs. The Three Steps to Wellness Policy Implementation Success Workshop—brought to you by the California Local School Wellness Policy Collaborative—provides participants with key strategies for updating and implementing LSWP, and provides guidance for complying with assessment and administrative review processes. Attendees will learn key responsibilities and approaches to engage stakeholders at the district, school and community levels to achieve successful LSWP implementation. Workshop attendees will also take away tools and resources needed to measure success, and identify opportunities that support a whole child approach.

February 14	February 28	March 6	March 14	March 20	March 21	April 11
Sierra Health Foundation 1321 Garden Hwy Sacramento, CA 95833	McConnell Foundation 800 Shasta View Drive Redding, CA 96003	The California Endowment—Oakland Conference Center—Laurel Room 200 Franklin Street Oakland, CA 94612	UC California Fresno Center 550 E. Shaw Ave. Fresno, CA 93710	Riverside University Health System—Public Health 4210 Riverwalk Parkway, Suite 400 (1st Floor) Riverside, CA 92505	Los Angeles County Office of Education (LACOE) 9300 Imperial Highway Downey, CA 90242	Orange County Department of Education 200 Kalmus Drive, Conference Center: Building D, Room 1002-1003 Costa Mesa, CA 92626

[Click here](#) to register. For additional information about these workshops, please visit the [CA SNAP-Ed Trainings & Events Calendar](#) or contact Chris Bilbrey at Christine.Bilbrey@cdph.ca.gov or Maegan Jorgensen at Maegan.Jorgensen@cdph.ca.gov.

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Education & Resources *(continued)*

UC ANR Sacramento Urban Ag Risk Management Workshops, Various Dates

Are you an urban farmer in the Sacramento region? This low-cost series is for you! Learn the basics of urban farming from UCCE advisors and local partners at this upcoming urban ag risk management workshop series. Take one or take all four of these low-cost workshops.

Workshop #1 Friday, March 16, 2018, 9:00-4:00	Center for Land Based Learning (CLBL) @ The Cannery 1550 Cannery Ave., Davis, CA 95616	Marketing & Business Management for Urban Farmers: From business planning to labor laws, basics to help you succeed.
Workshop #2 Friday, April 6, 2018, 9:00-4:00	Yolo Brewing Company (CLBL), 1520 Terminal Street, West Sacramento, CA 95691	Legal Basics of Urban Farming: Get up to speed on zoning, permits, and local resources.
Workshop #3 Saturday, April 14, 2018, 9:00-4:00	Fruit Ridge Community Collaborative (Yisrael Family Urban Farm) 4625 44th St., Sacramento, CA 95820	Production Issues & Urban Farms: Learn key concepts in site design, soil quality, irrigation, pest management, pollinators and backyard chickens.
Workshop #4 Friday, May 4, 2018, 9:00-4:00	Soil Born Farms American River Ranch, 2140 Chase Drive, Rancho Cordova, CA 95670	Food Safety Basics for Urban Farmers: How to ensure a safe harvest, from the field to the fork.

The workshops will take place at various urban farm locations in the Sacramento/Davis area. The cost is \$20 for a full day of speakers, demonstrations and networking opportunities, which includes lunch and refreshments. The workshops are offered by UC Agriculture and Natural Resources and UC Cooperative Extension in partnership with the Sacramento Food Policy Council. Pre-registration is required, and space is limited. To register, please visit: ucanr.edu/sacurbanag2018. Please contact Penny Leff at paleff@ucdavis.edu if you have any questions.

2018 USDA Summer Meals Webinars

Wholesome summer meals are critical to the health and well-being of our children. Join USDA for their 2018 Summer Meals Webinars to learn more about this important USDA program. Click on the title of the webinar below to register for the specific webinar that interests you.

Tuesday, March 20, 10:00am PT	Tuesday, April 17, 10:00am PT	Tuesday, May 15, 10:00am	Thursday, June 14, 10:00am
Tribal and Rural Summer Meals	What Cities Can Teach Us About Summer Meals	Boosting Your Budget— Summer Meals Financial Planning	Middle of Summer Strategies

For additional information and resources related to USDA's Summer Food Service Program, please visit: <https://www.fns.usda.gov/sfsp/summer-food-service-program>.

Save the Date: School and Community Garden Workshops: Light Bulbs to Garlic Bulbs, Various Dates and Locations

This two-day workshop is designed to provide participants with the knowledge, skills, and resources to plan, develop, and sustain an edible school or community garden. Day 1 is an all-day garden skills workshop at a SNAP-Ed garden site. In a train-the-trainer model, you will learn the skills you need to successfully grow food and pass that knowledge back to your own staff or communities. Day 2 is an all-day garden programming workshop, where you will learn how to develop and implement a sustainable garden program and how to incorporate it into other healthy community change efforts.

Region	City	Date
Northern California	Sacramento Food Bank 3333 Third Avenue Sacramento, CA 95817	April 4-5, 2018
Central Valley	Foodlink for Tulare County 611 2nd Street Exeter, CA 93221	April 17-18, 2018
Southern California	May 1st: Mark Twain Elementary School 3728 W. 154th Street Lawndale, CA 90260 May 2nd: Kit Carson Elementary School 3530 W 147th Street Hawthorne, CA 90250	May 1-2, 2018

[Click here](#) to register or visit the [CA SNAP-Ed Trainings and Events Calendar](#) for additional information. UC CalFresh counties may contact **MaryAnn Mills** (mamills@ucdavis.edu) if you have any questions.

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Education & Resources *(continued)*

School Grants Now Available for California Schools, Deadline: April 6, 2018

Help your school become healthier with a Game On, Parents for Healthy Kids or School Breakfast grant for the 2018-2019 school year. Receive funding and technical assistance to increase physical activity opportunities, improve nutrition initiatives, engage parents in school wellness or increase breakfast participation. Learn more, and apply before the deadline on April 6, 2018. Looking for ideas or more information? Join one of the upcoming webinars listed below to learn more about each grant, get project ideas, and discover strategies for writing a successful grant:

- * [School Breakfast Grant Application Webinar](#), February 20, 2018, 1:00pm PST: Grants for 1,000-3,000 dollars fund alternative models, breakfast promotions, or family engagement.
- * [Game On Grant Application Webinar](#), February 21, 2018, 12:00pm PST: Grants for 500 or 1,000 dollars fund physical activity and nutrition initiatives.
- * [Parents for Healthy Kids Grant Application Webinar](#), February 22, 2018, 10:00am PST: Grants up to 1,000 dollars fund parents or parent groups to implement physical activity and nutrition initiatives.

For additional information, please visit: <http://www.actionforhealthykids.org/tools-for-schools/apply-for-grants>.

2018 UC ANR Statewide Conference: *Innovation in Action*, April 9-12, 2018, DoubleTree by Hilton, Ontario, CA

Registration for the 2018 UC ANR Statewide Conference is now open! Please review the [conference program](#) and be prepared to select your sessions as well as indicate which lunches, dinners, and receptions you would like to participate in. You will also be asked to estimate your travel. This event is fully funded by ANR so be sure to book your lodging and airfare as soon as possible to receive the best rates. Per email communication from Katie Panarella, this year, nutrition education staff (both EFNEP and UC CalFresh) can attend the ANR Statewide Conference in Ontario. UC CalFresh staff are also encouraged to check-in with their supervisor, manager, or Advisor prior to registering. **Please be sure to also carefully review information on the registration survey prior to contacting the DoubleTree hotel for reservations.** To register for the 2018 UC ANR Statewide Conference, please visit: <https://ucanr.edu/survey/survey.cfm?surveynumber=23995>.

Sixth Annual Every Kid Healthy™ Week: April 23-27, 2018

Every Kid Healthy™ Week is an annual observance created to celebrate school health and wellness achievements and recognized on the calendar of National Health Observances. Observed the last week of April each year, this special week shines a spotlight on the great efforts schools are making to improve the health and wellness of their students and the link between nutrition, physical activity, and learning—because healthy kids are better prepared to learn! Anyone can get involved and be part of the celebration to help support sound nutrition, regular physical activity and health-promoting programs in schools with a school health event. Schools are invited to host an event during Every Kid Healthy Week or anytime in April. Consider making your field day or other school-wide event health-focused. For additional information and resources, please visit: <http://everykidhealthyweek.org/>.

Webinar: Youth Behavior Guidance and Classroom Management: What We Learned—How We Used It—What Comes Next?, April 24, 2018, 2:30-4:00pm

Please mark your calendar for a webinar, “Youth Behavior Guidance and Classroom Management: What We Learned—How We Used It—What Comes Next?” This webinar is designed to follow-up and continue the learning from the regional youth education trainings conducted in July 2017. In this webinar, you will have the opportunity to:

- * Hear from your fellow educators how they have implemented behavior guidance and classroom management strategies
- * Hear how these strategies have made a difference
- * Reflect on and discuss how you have used what you learned
- * Hear about continuing learning opportunities

[Click here](#) to join the webinar or visit the [UC CalFresh Training Calendar](#). (Call-in Number: (646) 558-8656 or (669) 900-6833; Meeting ID: 730 835 336). Please plan to attend! If the time doesn't work for you, the webinar will be recorded, and depending on interest, may be offered live at an alternate time. Please contact [Lyn Brock \(rlbrock@ucanr.edu\)](mailto:rlbrock@ucanr.edu) if you have any questions.

Upcoming Webinar: EatFresh.org for County Welfare Departments, April 27, 2018, 10:00-10:45am

Join EatFresh.org for a webinar on Friday, April 27th from 10-10:45am to learn how County Welfare Departments (CWDs) can utilize EatFresh.org and the Mini Course to support the health of their clients. Participants will learn 5 strategies for incorporating nutrition education into the CWD setting, including: building staff knowledge of core nutrition messages, environmental changes to support the use of EatFresh.org, worksite wellness and community events, indirect education activities such as recipe tastings, and more! This webinar is specifically designed for CWDs participating in the Healthy CalFresh Initiative, but all CWDs are welcome to attend! [Click here](#) to register.

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Education & Resources *(continued)*

Funding Opportunity: Agriculture in the Classroom (AITC) Program, May 1, 2018

NIFA's Agriculture in the Classroom Program (AITC) serves nearly 5 million students and 60,000 teachers annually through workshops, conferences, field trips, farm tours, and other educational activities. AITC programs include working with state AITC activities engaged in a variety of issues relating to agricultural literacy. Other programs emphasized by the USDA National Institute of Food and Agriculture (NIFA) office include: science literacy; agricultural careers; nutrition; pre-service and professional development opportunities for teachers. Applications may be submitted by State agricultural experiment stations, State cooperative extension services, all colleges and universities, other research or educational institutions or organizations, Federal and private agencies and organization and individuals. [Click here](#) for additional information.

2018 Walk & Bike to School Day, May 9, 2018

Strap on your helmets, raise your kickstands, and join the thousands of students, families, community partners, and elected officials all around the country who will be participating in this year's Walk & Bike to School Day on May 9. To find resources such as how to sign-up/plan an event, flyers, and how to go beyond a one-day event and sustain a program, please visit: <http://www.walkbiketoschool.org/>. [California Active Transport Resource Center](#) also has great resources and webinars to support these efforts here in California. Don't forget to share with the UC CalFresh State Office what you are planning for Walk & Bike to School Day!

Statewide Day of Action: Rethink Your Drink Day, May 16, 2018

On May 16, 2018, health advocates across the state will come together for the **first** annual **Statewide Day of Action-Rethink Your Drink (RYD) Day** to raise awareness about the health effects of sugary drinks and the benefits of replacing these drinks with water. RYD Day is a collaborative effort across the state of SNAP-Ed agencies and community based organizations. The following are key dates and links to webinar recordings and future webinars or resources related to RYD Day:

- * Rethink Your Drink Day one-pager (attached) with information and critical dates you need to help you prepare to host the RYD Day event.
- * Webinar: Rethink Your Drink Statewide Day of Action—Event-in-a-Box Toolkit, February 28, 2018—[Click here](#) to view recording
- * Webinar: Complete Guide to Hosting a Statewide Day of Action: Rethink Your Drink Day-May 16, 2018 (Logistics for Registered Organizations), May 2, 2018, 10:00am—[Click here](#) to register
- * Registration for RYD Day on (or after) April 4 at RethinkYourDrinkDay.com.

Please contact Asbury Jones, CDPH Media and Public Relations Lead on RYD Day (Asbury.Jones@cdph.ca.gov) or Andra Nicoli (amnicoli@ucdavis.edu) if you have any questions.

Save the Date: Nutrition Updates Webinar, June 5, 2018, 11:00am-12:30pm

Please save the date for the next Nutrition Updates Webinar, scheduled for June 5, 2018 from 11:00-am-12:30pm. The webinar will be presented by Dr. Rachel Scherr from the UC Davis Nutrition Department. Topics will be announced in the near-future and will be announced through the UC CalFresh Weekly Update. Pre-registration for the webinar is required. To register, please visit: <https://cc.readytalk.com/r/1fk9xm3jehgg&eom>.

UC CalFresh, UC ANR & Partner Employment Opportunities

CE Supervisor 2, EFNEP State Office, UC ANR, Davis, CA

Under general supervision of the Expanded Food and Nutrition Education Program (EFNEP) Director, the CE Supervisor 2 is responsible for the policy and procedure development, training of county staff, and evaluation and program analysis of EFNEP for low income youth and families involving county Cooperative Extension (CE) offices. The scope of this position includes supervision and training; a working knowledge of personnel management; maintaining subject matter competence; collaborating with UCCE county EFNEP programs and community partners; data management; evaluation and reporting; and preparation and management of staff work plans in consultation with EFNEP Director. Analyze and develop complex program policies and proposals for state and county staff. Train and guide new educators, supervisors and advisors with EFNEP in the counties on new policies and procedures. Evaluate county programs and propose solutions for improvement that align with budgetary constraints. This position will promote, in all ways consistent with other responsibilities of the position, the affirmative action goals established by the Division. The last day to apply is: **April 1, 2018**. For additional information, or to apply, please visit: <http://jobs.ucop.edu/applicants/Central?quickFind=60987>.

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UC CalFresh, UC ANR & Partner Employment Opportunities *(continued)*

Financial Analyst 2, UC CalFresh State Office

Under direct supervision of the Lead Financial Analyst Supervisor, responsible for complex, analytical financial and compliance issues and serves as a resource to the UC CalFresh staff and Director of the UC CalFresh statewide program. This position is responsible for monitoring and maintaining grant, subaward, and project accounts associated with the annual operating budgets of UC CalFresh; short and long term forecasting and budget planning; analysis and processing of internal and external billing; development and preparation of financial, quarterly and annual reports. Advise counties on local support and effort reporting per Federal, University, and State guidelines. Work with UC Davis and UC ANR Sponsored Programs Office (SPO) and Contracts & Grants Accounting (C&G) Accounting on processing grant application and monitor and respond to reporting requirements. Serves as UC CalFresh support on compliance with University Policy & Procedure for grants and contracts, financial and personnel procedures as related to intra and extramural funding. Conduct monthly year-end and project-end reconciliation of research project accounts, and prepare financial summaries and ad hoc reports. Conduct budget preparation, salary and local share analysis and forecasting, and for control of complex budgets for 20-30 counties. The last day to apply is: **April 3, 2018**. For additional information, or to apply, please visit: www.employment.ucdavis.edu/applicants/Central?quickFind=78975.

Community Education Supervisor 2, UCCE Fresno/Madera Counties

Under the direction of the Nutrition, Family and Consumer Sciences (NFCS) Advisor and Manager, the Community Education Supervisor 2 is responsible for supervision of day-to-day operations of the UC CalFresh Program in Fresno & Madera Counties. This includes supervision of Community Education Specialists. This supervision includes writing and conducting performance evaluations and conducting staff training, as well as recruiting new staff. The supervisor is also responsible for implementation of the program according to the approved SNAP-Ed Joint Work Plan with the Local Department of Public Health and Catholic Charities. The position includes program development and implementation, administrating, strategic management, and evaluation. The Community Education Supervisor 2 will assist in developing and managing the CalFresh budget in consultation with NFCS Advisor and Manager and in accordance with the funders' requirements and ANR policies and procedures. This position will promote, in all ways consistent with other responsibilities of the position, the affirmative action goals established by the Division. The last day to apply is: **April 4, 2018**. For additional information, or to apply, please visit: <https://jobs.ucop.edu/applicants/Central?quickFind=60958>.

Cooperative Extension Nutrition, Family and Consumer Sciences Advisor, UCCE Fresno & Madera Counties

The University of California Agriculture and Natural Resources division seeks a **Cooperative Extension Nutrition, Family and Consumer Sciences Advisor** to conduct a multi-county based extension, education and applied research program providing leadership to the University of California Cooperative Extension (UCCE) low-income nutrition education programs funded by the Expanded Food and Nutrition Education Program (EFNEP) and the UC CalFresh Nutrition Education program (a SNAP-Ed Program). The CE Advisor will develop research based youth programs in **Fresno and Madera Counties**. For full interview consideration, complete application packets are due no later than **Friday, April 6, 2018** from candidates who, by the hire date, will possess at least a master's degree in disciplines such as nutrition, health education, human development or a closely related field. All application packets must be submitted via email to ANRacademicsearch@ucanr.edu. Please contact Karen Ellsworth and refer to AP #18-03, to answer any questions related to this search at (530) 750-1284 or kaellsworth@ucanr.edu. For additional information, please visit: <http://ucanr.edu/Jobs/990/?jobnum=1328>.

We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Lindsay Hamasaki at lmhamasaki@ucdavis.edu to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of David Ginsburg, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.org/weekly-updates>.

The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS) CalFresh and Nutrition Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.



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